

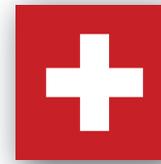


les petits frères
des Pauvres

Fédération internationale



2015 International Congress



Friday October 16, 2015



Keynote Address – **Dr. Jerome Gabis**

A preposition proposition: Can we live without “WITH”?

Chances are, if you are affiliated with Little Brothers-Friends of the Elderly, your favorite preposition isn't **AGAINST** or even **FOR**. There is a good chance that your favorite preposition is **WITH**, since this preposition is at the heart of the ideal that all humanity is joined by a common bond that gives dignity, purpose, connection. This presentation will focus on the power of **WITH** in language, thought, social consciousness, and relationships. The presentation will feature **WITH** as a source of hope in a world of increasing isolation.

Dr. Jerome A. Gabis, Psy. D. is a licensed psychologist with an interest in helping older adults, their families, and their caregivers address the problems, challenges, and decisions affecting them. He is a 1993 graduate of the School of Professional Psychology at Wright State University in Dayton, Ohio, and received training in a variety of clinical settings including mental health and physical rehabilitation. He also has an interest in health psychology.

Dr. Gabis devotes most of his professional practice helping the elderly and their families address the changes affecting them. He and his staff at Legacy Psychological Services in Cincinnati, Ohio provide psychological and consulting services to residents and staff of over 25 different long term care and retirement communities and social service agencies. Over the years, he has provided in-service presentations and consultations for the Cincinnati Chapter of Little Brothers-Friends of the Elderly. For over 20 years, he has volunteered with the Cincinnati area Alzheimer's Association as a family support group facilitator and facilitator trainer. He also volunteers in community building efforts in his church and neighborhood. Prior to his becoming a psychologist, Dr. Gabis served as a Catholic priest for 10 years in Southeastern Ohio.

Opening Minds through Art (OMA) is an award-winning intergenerational art-making program for people with dementia, recently receiving the designation of “Program of Distinction” by Generations United. OMA’s mission is “to build bridges across age and cognitive barriers using art”. In this session, we will describe why creative expression and art are so vital to the well-being of elders with dementia. We will also summarize the philosophy and principles of the OMA program, illustrating this with examples of created art and responses of elders and volunteer art-making partners.



Joan Fopma-Loy, PhD, R.N. is a professor of nursing and a Scripps Gerontology Center Research Fellow, Miami University. She is a clinical nurse specialist in psychiatric-mental health nursing, specializing in depression and dementia in older adults, and has published and presented on these subjects in nursing and gerontology venues. She is an OMA facilitator and trainer, and has been collaborating on research on the impact of OMA. She is also involved in OMA program development, developing the OMA41 (OMA for One) program, which applies the OMA art-making process to elders living in home-based settings.

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Kevin Bryan
Special Prison Population: Aging in Prison

In this presentation, participants will develop an understanding of the dynamic factors associated with the three types of offenders graying in prison. There will be a review of costs associated with integrating older offenders in a main stream prison and benefits associated with segregating Older Offenders from the younger

population. There will be a review of various methodologies that can best help in transitioning the older and long term offender to society. How quality programs can target and impact the health and wellness of the offender and effective correctional approaches with managing the older offender will be discussed.

Kevin is a 1983 graduate of Wellston High School. He received an Associate of Applied Science in Law Enforcement Technology from Ohio University, a Bachelor’s Degree of Criminal Justice Administration from Bellevue University and his Master of Arts in Leadership from Bellevue University. Kevin is a Military Veteran of the US Army.

Kevin served as a Corrections Officer in the Ohio prison system and rose through the ranks to become the Unit Management Chief. He has worked with older offenders as Case Manager, Recovery Service Coordinator, Unit Manager and Unit Management Chief with 27+ year’s supervision and managing the older offender in a prison setting. Kevin is a member of the Older Offenders Committee, evaluating and recommending management techniques for the older offenders. He is the Founder of the Southeastern Ohio Citizen Circle committed to helping ex-offenders transition back to Athens and the surrounding counties and has developed and implemented strategies to establish best practices for older offender reentry.

Kevin has served as an adjunct instructor for Hocking College and Sinclair Community College. He has been a guest speaker of Xavier University, Ohio University and at various conferences concerning the older offender. He is currently the Site Supervisor at Southeastern Correctional Complex at both Lancaster and Hocking for Sinclair College



Jean Michel-Giraud
Empowering Seniors out of Homelessness

The presentation will review trends, issues and progress in the homeless services system for seniors in the US. It will also explore new ways for service providers to develop flexible, person-centric programming to meet the needs of older participants.

Jean-Michel Giraud is the CEO of Friendship Place in Washington, DC. He has worked in a variety of community-based and clinical settings including autism, intellectual disabilities, mental health, dual recovery and homeless services. During his tenure, Friendship Place has adopted the Housing First model and developed rapid solutions including Employment First, prevention and rapid rehousing for youth, single adults, veterans and families in DC Metro. He is a recipient of the 2010 Meyer Foundation Exponent Award for Visionary Non-Profit Leadership and blogs on homelessness on The Huffington Post.



Sr. Barbara Leonhard OSF
Spirituality in the Second Half of Life

This presentation will present some of the challenges that the second half of life invariably presents and also some of the gifts that can emerge: authenticity, compassion, wisdom. We do not automatically grow wiser or more genuine. How we respond to the particular realities of life that are ours will either open us to new

discoveries or shut us down in a place of bitterness and frustration. The second half of life is a time to let go of ideas and ways of being that no longer serve us well. It is potentially a time of realizing what really matters. Through input, story and questions for sharing, we will explore the richness of this time in our lives.

Sister Barbara has been an Oldenburg Franciscan for 48 years. She has an M.A. in Biblical Studies from the Catholic Theological Union in Chicago and a PhD in Christian Spirituality from the Graduate Theological Union in Berkeley. She has taught grade school and at Marian University in Indianapolis. She has done formation ministry both in her Oldenburg Community and with the Franciscan Sisters of Mary in Papua New Guinea. Presently Sister Barbara teaches in a variety of settings: the Spiritual Direction Internship in Beech Grove, as an adjunct faculty member for St. Meinrad, and in parish settings. She is a spiritual director and retreat leader. She also enjoys writing homily guides, articles and poetry for Franciscan Media.



Marley Molkentin

Video: Escaping Isolation

Hear from some of our elderly friends how social isolation has impacted their lives, explore various risk factors and how LBFE has worked to connect these elderly friends to a belonging community.

Marley is a senior at Saint Ursula Academy in Cincinnati, Ohio. She has produced two videos for Little Brothers-Friends of the Elderly over the last two years in addition to various promotional videos for her school, freelance work for Cincinnati businesses, and even a few creative films. Marley's passion for film production and social justice issues will lead her to study photojournalism next year in college.

Saturday October 17, 2015



Keynote Address - Teepa Snow

Understanding Progression: Seeing Gems Not Just Loss

This session is designed to help those offering support and assistance to reframe the changes that come with the progression of dementia. The goal is to begin to recognize, and then use the retained and preserved skills that are remaining, while acknowledging what is not available to the person as they are in that moment.

When care partners have a better understanding of the common changes in function and ability that occur when someone has dementia it is possible to provide the 'just right' fit in environmental support and care to optimize performance and foster positive interactions and care outcomes. Appreciating what is possible and what abilities that person has available to them will promote safe and meaningful life experiences for all involved.

Teepa is an occupational therapist working as a dementia care and dementia education specialist. She has over 33 years of clinical experience in the field of geriatrics and dementia care, as well as having provided care to family members with dementing illnesses. Currently, she has an independent practice as well as clinical appointments with Duke University's School of Nursing & UNC-CH School of Medicine. She provides interactive and creative educational and practical hands-on training sessions to organizations and providers throughout the US & Canada. She has been actively involved in teaching and clinical research projects throughout her practice career.



Kathi Boyle

Welcoming Lesbian, Gay, Bisexual, Transgender (LGBT) Older Adults

During this highly interactive presentation participants will get a basic introduction to LGBT history and culture, learn best practices for increasing inclusiveness and safety for LGBT older adults, and learn more about other training options.

Kathi Boyle has 36 years' experience working in human services. She has a BS degree in Business Administration and Economics, a MA in Applied Behavioral Science, and completed a 3 year post graduate course at the Gestalt Center of Cleveland.

She was the executive director for the last 17 years of a homeless women's program, a Federally Qualified Health Care Center, and most recently retired as executive director of the Pittsburgh AIDS Task Force.

Kathi is working part-time for the PA Organization for Women in Early Recovery, and at PersadCenter as coordinator of older adult services.

Kathi has two sons, two grandsons, and a partner of 19 years.



Gary Pollock

Aspects of Aging and Mental Health

A survey of issues in Aging which impact mental health; acute and chronic illnesses; identifying primary problems; classifying illnesses; and seeking resources.

Gary has been a Gerontology Consultant and Coordinator of the Geriatric Outreach Team at a Community Mental Health Center in Downtown Cincinnati from 1977-2009 providing home based care as well as clinic and doctor visits.

Gary precepted fellows in the Geriatric Psychiatry Program and fellows in the Geriatric Family Practice Medicine Program. Gary has implemented the Level II Mental Health Screening of people in Hamilton County prior to admission to nursing homes.

Teepa Snow

Making Visits Valuable and Positive

This session will help anyone who wants to spend time with someone who has dementia be successful and have a great interaction. The purpose of the session is to build interaction skills, so a visit is both beneficial and positive. Emphasis will be placed on using the visitor's observational skills, knowledge of who that person has been, and recognition of the degree of involvement to match their communication attempts to the person's ability to interact and respond. Specific suggestions and recommendations will be covered based on the person's abilities to respond to visual, verbal, and tactile information. Use of yourself and the environment as therapeutic tools will be discussed and encouraged. The session will address issues that are common at the start of the condition, through the middle of the disease, and into the final phases of dementia when verbal interaction will be very limited but interaction is still possible when the visitor knows how to be supportive.



Jacki Millay

Engaging the Healer Within

This presentation will offer an experiential connection with the benefits of ChiKung (Qigong)/TaiChi. The teachings are based upon the work of Dr. Roger Jahnke (www.iiqtc.org/feeltheqi.com), author of "The Healer Within".

We will explore purposeful relaxation, deep abdominal breathing, alignment of posture, and directive intent through gentle, yet profoundly powerful movements.

Research resources on the benefits of ChiKung(Qigong)/TaiChi for the elderly will be shared.

Jacki has been a volunteer with Little Brothers-Friends of the Elderly Cincinnati Chapter over the course of a number of years helping with birthday and holiday parties. Jacki is the Practioner/Instructor for her business – Harmonic Pulse Wellness.



Mark Browning

New Trends in Senior Housing in USA

This workshop will include a brief history of Senior Care in the USA; explore the movement away from a Medical Model toward a Residential Model and a look at the trends:

- Demographics and the need for new models to deliver services
- Delivering services to the home
- Assisted Living
- Continuing Care Retirement Communities
- The Small House Solution

As Director of Senior Housing for PDT Architects, LLC in Cincinnati, Ohio, Mark's primary focus for the past 20 years has been promoting innovations in Elderly Housing and Services. A member of numerous local, state and national organizations associated with Senior Living, he has been involved in both the for profit and not-for-profit industries. Mr. Browning has been recognized for his work by local and national organizations including the AIA/ Design for Aging Knowledge Community. Mr. Browning is a Certified Eden Associate and has been an advocate for advancing the industry through innovative design, research, and participation in national and international conferences. Recent work has focused on how the Western Model for Senior Housing might be applied to the emerging senior industry in China. Mark has a Bachelor of Environmental Design, Miami University, Oxford Ohio and has served on the Cincinnati Little Brothers-Friends of the Elderly Board of Directors for two terms.

Teepa Snow

Why Do They Do That?—Understanding Symptoms and Behaviors

By the end of the session the learners will be able to:

1. Recognize selected key differences between dementia and forgetfulness
2. Identify changes in the brain that result in typical changes in behavior and function
3. Describe common behaviors that are symptoms of dementia in the areas of memory, understanding, language use, movement and sensation, and impulse control
4. Recognize effective versus typical caregiver responses to typical behaviors